Today I tasted milk for the first time



Name _____

Date _____

WaterWipes

Today I breathed air for the first time

Name

Date



WaterWipes

I had my first cuddles with Mum today



Name _____

Date _____

WaterWipes

Today I came off the ventilator

Name

Date



WaterWipes

I had my first bath today



Name _____

Date _____

WaterWipes

I had my first Kangaroo Cuddle today

Name

Date



WaterWipes



Today I came off CPAP

Name _____

Date _____

WaterWipes

Today I gained weight for the first time





Name _____

Date _____

WaterWipes

Today I wore my first outfit



Name _____

Date _____

WaterWipes

Today I opened my eyes for the first time



Name _____

Date _____

WaterWipes

No more caffeine



Name _____

Date _____

WaterWipes

Today I got promoted to Special Care



Name ----------

Date ----------

WaterWipes

Today I moved to an open cot



Name _____

Date _____

WaterWipes

I had my Feeding Tube removed today



Name _____

Date _____

WaterWipes



WaterWipes

I had my first cuddles with Dad today

Name

Date



WaterWipes

Today I fit into preemie clothes

Name _____

Date _____



WaterWipes

Today I graduated from the NICU



Name _____

Date _____

WaterWipes

Today I had my first cuddles

Name _____

Date _____



WaterWipes

Today I breast-fed for the first time

Name _____

Date _____



WaterWipes